

# Watchung Hills Regional Municipal Alliance

## 2018 Great Pumpkin Certified 5K Run and 1 Mile Fitness Walk



WHRMA is a volunteer organization concerned about the consequences of  
DRUG & ALCOHOL ABUSE in our communities of:

Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.



STATE OF NEW JERSEY  
GOVERNOR'S COUNCIL ON ALCOHOLISM AND DRUG ABUSE



<b>DATE: Saturday</b> <b>November 3</b> Registration 8:00 am. Race Start: 9:00 am.	<b>LOCATION:</b> <b>WATCHUNG LAKE</b> Mobus Field -Brookdale Road Watchung, NJ	<b>ENTRY FEE due</b> Received on or Before Oct. 10th - \$25.00 Run \$15.00 Walk Received After Oct 10 <sup>th</sup> \$30.00 Run \$17.00 Walk
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### 5K Prize Categories

Medals First, Second & Third Place Winners			Awards: Register by 10-10 & receive a T-shirt After 10-10-18 only while supplies last. <b>Prize: Overall Male and Female Adult Winners</b> \$50.00 gift certificate & medal
Women	Men	Children	
15-19      40-49	15-19      40-49	14 & Under	
20-29      50-59	20-29      50-59		
30-39      60 & Over	30-39      60 & Over		

**MAKE CHECKS PAYABLE TO:** WHRMA - Watchung Hills Regional Municipal Alliance

**MAIL CHECKS AND APPLICATION TO:** WHRMA 108 STIRLING RD., WARREN, NJ 07059

Questions call : Carolyn Seracka 908-451-2220 or Jack Walsh 908-561-8883

On-site & on-line registration available [www.runsignup.com](http://www.runsignup.com) or at [www.runningintheusa.com](http://www.runningintheusa.com)

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### THE WATCHUNG HILL REGIONAL MUNICIPAL ALLIANCE 2017-5K RUN OR 1 MILE WALK REGISTRATION APPLICATION

Last Name		First Name	
E-MAIL Address			Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Home Address			Age as of Nov. 3, 2018
City/Town		State	Zip Code
Home #	Cell #		Birthdate
Activity: <input type="checkbox"/> Runner <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair <input type="checkbox"/> Donation			
Long Sleeve T-Shirt size (adult) <input type="checkbox"/> Small <input type="checkbox"/> Medium <input type="checkbox"/> Large <input type="checkbox"/> Extra large			

#### Acceptance declaration:

- I hereby acknowledge for myself and/or my participating child, that I, my child's or mine/their heirs, executors and administrators waive and release any claims that may arise against The Watchung Hills Municipal Alliance and Watchung Hills Regional High School or their representatives or volunteers, successors or assignees for any injuries that may be suffered by me or by my child during this event.
- I further certify that I and/or my child are physically able to participate in this event.
- I further authorize the use of my name/photo or my child's name/photo for event publicity.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature (Parent/Guardian signature if under 18)